

# MARRIAGE AND FAMILY THERAPY (MS) / THEOLOGY (MA)

## Program Description

School of Psychology, Family, and Community Faculty (<http://spu.edu/academics/school-of-psychology-family-community/faculty-and-staff/>)

School of Psychology, Family, and Community Graduate Programs Website (<http://spu.edu/academics/school-of-psychology-family-community/graduate-programs/>)

Seattle Pacific Seminary Faculty (<http://spu.edu/academics/seattle-pacific-seminary/about/seminary-faculty/>)

Seattle Pacific Seminary Website (<http://spu.edu/academics/seattle-pacific-seminary/>)

If you sense a call to both ministry and delivery of professional mental health counseling services, consider the dual-degree programs in Seattle Pacific University's Marriage and Family Therapy program (<http://spu.edu/academics/school-of-psychology-family-community/graduate-programs/marriage-and-family-therapy/>) and in the Seattle Pacific Seminary (<http://spu.edu/academics/seattle-pacific-seminary/>). Dual degrees include MS in Marriage and Family Therapy / MA in Theology (Theological Integration) and MS in Marriage and Family Therapy / MDiv.

By pursuing a dual degree, you will bring together skills and knowledge in both disciplines, enriching your graduate education and your career opportunities. You also will earn two advanced degrees in less time than it would take you to earn the same two degrees separately.

Three years of full-time study allows you to complete the MA in Theology (Theological Integration) and the Marriage and Family Therapy degree. If you wish to complete the education often required for church ordination, as well as clinical licensure, the Master of Divinity degree can be completed alongside the MS in Marriage and Family Therapy in a four-year sequence.

Find out more about policies related to dual degree programs (<https://catalog.spu.edu/graduate/degree-requirements/standards-scholarship-masters-degrees/graduate-study-more-one-field/>).

## Admission Requirements

To earn the dual degrees, apply to the School of Psychology, Family, and Community, as well as Seattle Pacific Seminary through Graduate Admissions (<http://admissions.spu.edu/apply/>).

Acceptance in one program does not guarantee acceptance in the other. Once you are admitted to both programs, you will receive a specialized program plan.

## Application Deadlines

For admission procedures and deadlines for both programs, visit Graduate Admissions (<http://admissions.spu.edu/apply/>).

## Contact

- Graduate Admissions (<http://admissions.spu.edu/apply/>)
- [graduateadmissions@spu.edu](mailto:graduateadmissions@spu.edu)
- 206-281-2091 or 800-601-0603

## Marriage and Family Therapy (MS)

70 Credits Minimum

Code	Title	Credits
<b>Core Classes</b>		
MFT 6100	Social Ecology of Family	3
MFT 6110	Human Sexuality	3
MFT 6200	History, Systems, and Christian Perspectives	3
MFT 6210	Multicultural Issues in Family Therapy	3
MFT 6220	Gender Perspectives and Family Therapy	2
MFT 6300	Theories of Marriage and Family Therapy I	3
MFT 6301	Becoming a Systems Therapist	3
MFT 6303	Theories of Marriage and Family Therapy II	3
MFT 6401	Group Therapy I	1
MFT 6402	Group Therapy II	2
MFT 6410	Treatment of Couples	3
MFT 6600	Psychopathology and Family Systems	3
MFT 6610	Treatment of Abusive Systems	3
MFT 6620	Assessment and Testing in Family Therapy	3
MFT 6630	Psychopharmacology, Physiology and Medical Issues	3
MFT 6641	Treatment of Young Children and their Families	1
MFT 6642	Treatment of Adolescents and Families	1
MFT 6643	Parenting and the Treatment of Families	1
MFT 6700	Graduate Research	3
MFT 6710	Graduate Research II	1
MFT 6810	Issues, Ethics and Law	3
MFT 6811	Ethical Issues and Crisis Intervention	2
Section Credits Required		53
<b>Theory and Elective Classes</b>		
Select four credits of the following:		4
MDFT 6632	Collaboration Practice Roles in Integrated Care	
MDFT 6633	BPSS Care Collaboration in Medical Family Therapy	
MDFT 6648	Assessment Tools for Medical Family Therapy	
MDFT 6649	The Brain-Savvy Therapist	
MDFT 6650	Grief, Death, and Families	
MDFT 6651	Spirituality and Health	
MDFT 6652	Motivational Interviewing for Patient and Family Health	
MDFT 6653	Trauma Informed Care in Medical Family Therapy	
MDFT 6654	Specialty Practice in Medical Family Therapy	
MFT 6310	Brief Family Therapy	
MFT 6340	Experiential Theory and Family Therapy	
MFT 6350	Narrative Family Therapy	
MFT 6360	Advanced Bowen Theory and Therapy	
MFT 6370	Internal Family Systems Therapy	
MFT 6380	Adlerian Therapy	

MFT 6411	Premarital Education	
MFT 6634	Marketing Your Practice to Physicians	
MFT 6655	Drama and Expressive Arts in Family Therapy	
MFT 6819	Dilemmas in Psychotherapy	
MFT 6820	The MFT in Professional/Private Practice	
MFT 6912	Seminar in Special Topics	
Section Credits Required		4
<b>Practicum Training</b>		
Select 13 credits of the following:		13
MFT 6933	Clinical Practicum I	
MFT 6934	Clinical Practicum II	
MFT 6935	Clinical Practicum III	
MFT 6936	Clinical Practicum IV	
MFT 6937	Clinical Practicum V	
MFT 6938	Clinical Practicum VI	
MFT 6939	Clinical Practicum VII	
MFT 6941	Advanced Clinical Practicum	
Section Credits Required		13
<b>Total Credits</b>		<b>70</b>

## Theology: Theological Integration Concentration (MA)

60 Credits Minimum

Code	Title	Credits
<b>Core THEO Courses</b>		
THEO 6001	Christian Formation in Discipleship: Acts of Piety	2
THEO 6002	Christian Formation in Mission: Acts of Mercy and Justice	2
THEO 6003	Integrating Academy, Abbey, and Apostolate	2
THEO 6010	Bible I: Interpreting and Teaching Christian Scripture	3
THEO 6020	Global Christian Heritage I: AD 100-1453	3
THEO 6030	Theology/Ethics I: Doctrine of God and Environmental Stewardship	3
THEO 6040	Bible II: Introduction to the Old Testament	3
THEO 6050	Global Christian Heritage II: AD 1454-1900	3
THEO 6060	Theology/Ethics II: Doctrine of Christ and Holistic Discipleship	3
THEO 6070	Bible III: Introduction to the New Testament	3
THEO 6080	Global Christian Heritage III: AD 1900-Present	3
THEO 6090	Theology/Ethics III: Doctrine of the Holy Spirit and the Global Church	3
Section Credits Required		33
<b>Concentration Courses</b>		
Choose two:		6
THEO 6405	Theology Praxis in Geographical/Historical Context	
THEO 6510	Theology, Race, and Culture	
THEO 6610	Encounter of Christian Faith with Other Faiths	
THEO 6894	Theology and the Disciplines	3
Section Credits Required		9

<b>THEO or Interdisciplinary Electives <sup>1</sup></b>	<b>18</b>
<b>Total Credits</b>	<b>60</b>

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Approved interdisciplinary courses are listed in the SPS Handbook (6000 level courses in BUS, EDU, MFT, ORG)

## Suggested Course Sequence 3-Year Full-Time Example Tracking Sheet

Course	Title	Credits
<b>First Year</b>		
<b>Autumn</b>		
THEO 6001	Christian Formation in Discipleship: Acts of Piety	2
MFT 6200	History, Systems, and Christian Perspectives	3
MFT 6300	Theories of Marriage and Family Therapy I	3
MFT 6100	Social Ecology of Family	3
THEO 6020	Global Christian Heritage I: AD 100-1453	3
<b>Credits</b>		<b>14</b>
<b>Winter</b>		
MFT 6600	Psychopathology and Family Systems	3
MFT 6303	Theories of Marriage and Family Therapy II	3
MFT 6301	Becoming a Systems Therapist	3
THEO 6050	Global Christian Heritage II: AD 1454-1900	3
<b>Credits</b>		<b>12</b>
<b>Spring</b>		
MFT 6220	Gender Perspectives and Family Therapy	2
MFT 6810	Issues, Ethics and Law	3
THEO 6080	Global Christian Heritage III: AD 1900-Present	3
<b>Credits</b>		<b>8</b>
<b>Second Year</b>		
<b>Autumn</b>		
THEO 6002	Christian Formation in Mission: Acts of Mercy and Justice	2
MFT 6610	Treatment of Abusive Systems	3
THEO 6030	Theology/Ethics I: Doctrine of God and Environmental Stewardship	3
MFT 6933	Clinical Practicum I	1
MFT 6811	Ethical Issues and Crisis Intervention	2
<b>Credits</b>		<b>11</b>
<b>Winter</b>		
MFT 6410	Treatment of Couples	3
THEO 6060	Theology/Ethics II: Doctrine of Christ and Holistic Discipleship	3
MFT 6934	Clinical Practicum II	2
<b>Credits</b>		<b>8</b>
<b>Spring</b>		
MFT 6620	Assessment and Testing in Family Therapy	3
MFT 6935	Clinical Practicum III	2
THEO 6090	Theology/Ethics III: Doctrine of the Holy Spirit and the Global Church	3
<b>Credits</b>		<b>8</b>
<b>Third Year</b>		
<b>Summer</b>		
MFT 6401	Group Therapy I	1
MFT 6936	Clinical Practicum IV	2
<b>Credits</b>		<b>3</b>

**Third Year****Autumn**

THEO 6003	Integrating Academy, Abbey, and Apostolate	2
MFT 6210	Multicultural Issues in Family Therapy	3
THEO 6010	Bible I: Interpreting and Teaching Christian Scripture	3
MFT 6937	Clinical Practicum V	2
MFT 6630	Psychopharmacology, Physiology and Medical Issues	3
<b>Credits</b>		<b>13</b>

**Winter**

THEO 6040	Bible II: Introduction to the Old Testament	3
MFT 6110	Human Sexuality	3
MFT 6700	Graduate Research	3
MFT 6938	Clinical Practicum VI	2
<b>Credits</b>		<b>11</b>

**Spring**

MFT 6939	Clinical Practicum VII	2
MFT 6710	Graduate Research II	1
MFT 6402	Group Therapy II	2
THEO 6070	Bible III: Introduction to the New Testament	3
THEO 6894	Theology and the Disciplines	3
<b>Credits</b>		<b>11</b>
<b>Total Credits</b>		<b>102</b>

**Notes**

Students must also complete 4 additional credits of MFT electives in the quarters of their choosing. Additionally, 6 credits of theology electives accepted under the MA- THEO Requirements. This example schedule frontloads the MFT coursework in the first year. Students should talk with MFT advisors about reconfiguring their schedule to best fit their situations.

This "example" tracking sheet lists the courses needed to complete both the MA in Theology (Theological Integration) degree at Seattle Pacific Seminary and the Master of Science in Marriage and Family Therapy in the SPU School of Psychology, Family and Community. The quarters, days of the week and times of day that specific courses are offered may, however, vary from year to year. Moreover, students may elect to take a different credit load quarter by quarter than is shown here. Also, students must be accepted into each program separately, and may in some cases begin the second program a year or more later than the first. Accordingly, the actual sequence in which a given student takes the required courses for the two degrees, and the actual "calendar time" it takes that student to complete those two degrees, may vary considerably from this model.

But in the dual-degree configuration shown here, a student can complete both degrees by taking, not a minimum of 130 credits of coursework, but as few as 115. 15 of the required credits of interdisciplinary and elective courses for the MA can be fulfilled by MFT courses. Plus, the MA degree is designed to integrate theology with other disciplines (like psychology).