

MARRIAGE AND FAMILY THERAPY (MS) / DIVINITY (MDIV)

Program Description

School of Psychology, Family, and Community Faculty (<http://spu.edu/academics/school-of-psychology-family-community/faculty-and-staff/>)

School of Psychology, Family, and Community Graduate Programs Website (<http://spu.edu/academics/school-of-psychology-family-community/graduate-programs/>)

Seattle Pacific Seminary Faculty (<http://spu.edu/academics/seattle-pacific-seminary/about/seminary-faculty/>)

Seattle Pacific Seminary Website (<http://spu.edu/academics/seattle-pacific-seminary/>)

If you sense a call to both ministry and delivery of professional mental health counseling services, consider the dual-degree programs in Seattle Pacific University's Marriage and Family Therapy program (<http://spu.edu/academics/school-of-psychology-family-community/graduate-programs/marriage-and-family-therapy/>) and in the Seattle Pacific Seminary (<http://spu.edu/academics/seattle-pacific-seminary/>).

By pursuing a dual degree, you will bring together skills and knowledge in both disciplines, enriching your graduate education and your career opportunities. You also will earn two advanced degrees in less time than it would take you to earn the same two degrees separately.

Three years of full-time study allows you to complete the MDiv (Theological Integration) and the Marriage and Family Therapy degree. If you wish to complete the education often required for church ordination, as well as clinical licensure, the Master of Divinity degree can be completed alongside the MS in Marriage and Family Therapy in a four-year sequence.

Find out more about policies related to dual degree programs (<https://catalog.spu.edu/graduate/degree-requirements/standards-scholarship-masters-degrees/graduate-study-more-one-field/>).

Admission Requirements

To earn the dual degrees, apply to the School of Psychology, Family, and Community, as well as Seattle Pacific Seminary through Graduate Admissions (<http://admissions.spu.edu/apply/>).

Acceptance in one program does not guarantee acceptance in the other. Once you are admitted to both programs, you will receive a specialized program plan.

Application Deadlines

For admission procedures and deadlines for both programs, visit Graduate Admissions (<http://admissions.spu.edu/apply/>).

Contact

- Graduate Admissions (<http://admissions.spu.edu/apply/>)
- graduateadmissions@spu.edu
- 206-281-2091 or 800-601-0603

Marriage and Family Therapy (MS)

70 Credits Minimum

Code	Title	Credits
Core Classes		
MFT 6100	Social Ecology of Family	3
MFT 6110	Human Sexuality	3
MFT 6200	History, Systems, and Christian Perspectives	3
MFT 6210	Multicultural Issues in Family Therapy	3
MFT 6220	Gender Perspectives and Family Therapy	2
MFT 6300	Theories of Marriage and Family Therapy I	3
MFT 6301	Becoming a Systems Therapist	3
MFT 6303	Theories of Marriage and Family Therapy II	3
MFT 6401	Group Therapy I	1
MFT 6402	Group Therapy II	2
MFT 6410	Treatment of Couples	3
MFT 6600	Psychopathology and Family Systems	3
MFT 6610	Treatment of Abusive Systems	3
MFT 6620	Assessment and Testing in Family Therapy	3
MFT 6630	Psychopharmacology, Physiology and Medical Issues	3
MFT 6641	Treatment of Young Children and their Families	1
MFT 6642	Treatment of Adolescents and Families	1
MFT 6643	Parenting and the Treatment of Families	1
MFT 6700	Graduate Research	3
MFT 6710	Graduate Research II	1
MFT 6810	Issues, Ethics and Law	3
MFT 6811	Ethical Issues and Crisis Intervention	2
Section Credits Required		53
Theory and Elective Classes		
Select four credits of the following:		4
MDFT 6632	Collaboration Practice Roles in Integrated Care	
MDFT 6633	BPSS Care Collaboration in Medical Family Therapy	
MDFT 6648	Assessment Tools for Medical Family Therapy	
MDFT 6649	The Brain-Savvy Therapist	
MDFT 6650	Grief, Death, and Families	
MDFT 6651	Spirituality and Health	
MDFT 6652	Motivational Interviewing for Patient and Family Health	
MDFT 6653	Trauma Informed Care in Medical Family Therapy	
MDFT 6654	Specialty Practice in Medical Family Therapy	
MFT 6310	Brief Family Therapy	
MFT 6340	Experiential Theory and Family Therapy	
MFT 6350	Narrative Family Therapy	
MFT 6360	Advanced Bowen Theory and Therapy	
MFT 6370	Internal Family Systems Therapy	
MFT 6380	Adlerian Therapy	
MFT 6411	Premarital Education	
MFT 6634	Marketing Your Practice to Physicians	
MFT 6655	Drama and Expressive Arts in Family Therapy	
MFT 6819	Dilemmas in Psychotherapy	
MFT 6820	The MFT in Professional/Private Practice	

MFT 6912	Seminar in Special Topics	
Section Credits Required		4
Practicum Training		
Select 13 credits of the following:		13
MFT 6933	Clinical Practicum I	
MFT 6934	Clinical Practicum II	
MFT 6935	Clinical Practicum III	
MFT 6936	Clinical Practicum IV	
MFT 6937	Clinical Practicum V	
MFT 6938	Clinical Practicum VI	
MFT 6939	Clinical Practicum VII	
MFT 6941	Advanced Clinical Practicum	
Section Credits Required		13
Total Credits		70

Divinity (MDiv)

108 Credits Minimum

Code	Title	Credits
Core Courses		
THEO 6001	Christian Formation in Discipleship: Acts of Piety	2
THEO 6002	Christian Formation in Mission: Acts of Mercy and Justice	2
THEO 6003	Integrating Academy, Abbey, and Apostolate	2
THEO 6010	Bible I: Interpreting and Teaching Christian Scripture	3
THEO 6020	Global Christian Heritage I: AD 100-1453	3
THEO 6030	Theology/Ethics I: Doctrine of God and Environmental Stewardship	3
THEO 6040	Bible II: Introduction to the Old Testament	3
THEO 6050	Global Christian Heritage II: AD 1454-1900	3
THEO 6060	Theology/Ethics II: Doctrine of Christ and Holistic Discipleship	3
THEO 6070	Bible III: Introduction to the New Testament	3
THEO 6080	Global Christian Heritage III: AD 1900-Present	3
THEO 6090	Theology/Ethics III: Doctrine of the Holy Spirit and the Global Church	3
Section Credits Required		33
Basic Courses ¹		
THEO 6403	Theology of Christian Worship	3
THEO 6412	Leading and Designing Congregational Worship	3
THEO 6510	Theology, Race, and Culture	3
Select one of the following:		3
THEO 6512	Reconciliation and Intercultural Studies: Foundations for Leadership	
THEO 6513	Reconciliation and Intercultural Studies: Embodiment and Praxis	
THEO 6980	Cross Cultural Immersion Experience	
THEO 6610	Encounter of Christian Faith with Other Faiths	3
THEO 6720	Vocational Discernment and Discipleship	3
THEO 6740	Preaching I: From Scripture to Sermon	3
THEO 6540	Preaching II: Prophetic Proclamation	3
THEO 6743	Pastoral Care and Counseling	3
Select one of the following:		3

THEO 6742	Church Administration	
THEO 6744	Ministerial Leadership	
ORG 6300	Leadership and Team Development	
Section Credits Required		30
Basic Course Electives		
Select two of the following:		6
THEO 6710	Introduction to Practical Theology	
THEO 6730	Foundations of Student and Family Ministry	
THEO 6735	The Teaching Ministry of the Church	
THEO 6741	Evangelism and Mission	
THEO 6745	Christian Social Entrepreneurship and Church Planting	
Section Credits Required		6
Contextual Education ²		
THEO 6940	Contextual Education Internship ²	6
	or THEO 6941	Contextual Education Intensive Internship
Section Credits Required		6
Post-Core Scripture Electives		
Select two of the following:		6
THEO 6250	Old Testament Exegesis	
THEO 6260	New Testament Exegesis	
THEO 6270	Biblical Exegesis	
THEO 6280	Scripture in Context	
Section Credits Required		6
Approved Electives ³		
Select 24 credits of the following:		24
THEO 6101	Koine Greek I	
THEO 6102	Koine Greek II	
THEO 6103	Koine Greek III	
THEO 6201	Hebrew I	
THEO 6202	Hebrew II	
THEO 6203	Hebrew III	
THEO 6401	Wesleyan/Methodist Doctrine	
THEO 6404	Theological Explorations	
THEO 6405	Theology Praxis in Geographical/Historical Context	
THEO 6500	Theology, Disability, and the Church	
THEO 6511	Gender and Christianity	
THEO 6540	Preaching II: Prophetic Proclamation	
THEO 6750	Denominational Polity	
THEO 6751	Denominational History	
THEO 6752	Methodist History ^[edited]	
THEO 6900	Independent Study	
THEO 6950	Contemporary Topics	
THEO 6952	Burning Issues	
Section Credits Required		24
Interdisciplinary Electives		
Approved Interdisciplinary Electives ³		3
Total Credits		108

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THEO 6512 Reconciliation and Intercultural Studies: Foundations for Leadership/THEO 6513 Reconciliation and Intercultural Studies: Embodiment and Praxis counts for Basic or Electives Section.

2

Must be repeated to meet credit requirement

3

Approved Interdisciplinary Electives available in SPS Student handbook.

Suggested Course Sequence 4-Year Full-Time Example Tracking Sheet

Note: 4 years is the minimum

Course	Title	Credits
First Year		
Autumn		
THEO 6001	Christian Formation in Discipleship: Acts of Piety	2
MFT 6200	History, Systems, and Christian Perspectives	3
MFT 6300	Theories of Marriage and Family Therapy I	3
MFT 6100	Social Ecology of Family	3
THEO 6020	Global Christian Heritage I: AD 100-1453	3
Credits		14
Winter		
MFT 6600	Psychopathology and Family Systems	3
MFT 6303	Theories of Marriage and Family Therapy II	3
MFT 6301	Becoming a Systems Therapist	3
THEO 6050	Global Christian Heritage II: AD 1454-1900	3
Credits		12
Spring		
MFT 6220	Gender Perspectives and Family Therapy	2
MFT 6810	Issues, Ethics and Law	3
THEO 6080	Global Christian Heritage III: AD 1900-Present	3
Credits		8
Summer		
MFT 6641	Treatment of Young Children and their Families	1
MFT 6642	Treatment of Adolescents and Families	1
MFT 6643	Parenting and the Treatment of Families	1
Credits		3
Second Year		
Autumn		
THEO 6002	Christian Formation in Mission: Acts of Mercy and Justice	2
MFT 6610	Treatment of Abusive Systems	3
THEO 6030	Theology/Ethics I: Doctrine of God and Environmental Stewardship	3
MFT 6811	Ethical Issues and Crisis Intervention	2
THEO course ¹		3
Credits		13
Winter		
MFT 6410	Treatment of Couples	3
THEO 6060	Theology/Ethics II: Doctrine of Christ and Holistic Discipleship	3
THEO course ²		3
THEO course ³		3
Credits		12
Spring		
MFT 6620	Assessment and Testing in Family Therapy	3
THEO course ⁴		3
THEO 6090	Theology/Ethics III: Doctrine of the Holy Spirit and the Global Church	3

THEO course ⁵		3
Credits		12
Summer		
MFT 6401	Group Therapy I	1
THEO course ⁶		3
Credits		4
Third Year		
Autumn		
MFT 6210	Multicultural Issues in Family Therapy	3
THEO course ⁷		3
THEO 6010	Bible I: Interpreting and Teaching Christian Scripture	3
MFT 6933	Clinical Practicum I	1
MFT 6630	Psychopharmacology, Physiology and Medical Issues	3
Credits		13
Winter		
THEO 6040	Bible II: Introduction to the Old Testament	3
MFT 6110	Human Sexuality	3
THEO course ⁸		3
MFT 6934	Clinical Practicum II	2
Credits		11
Spring		
MFT 6935	Clinical Practicum III	2
THEO course ⁹		3
THEO course ¹⁰		3
THEO 6070	Bible III: Introduction to the New Testament	3
Credits		11
Summer		
THEO course (ex. Scripture elective)		3
MFT 6936	Clinical Practicum IV	2
Credits		5
Fourth Year		
Autumn		
THEO 6003	Integrating Academy, Abbey, and Apostolate	2
MFT 6937	Clinical Practicum V	2
THEO course (ex. Scripture elective)		3
Credits		7
Winter		
THEO course ¹¹		3
MFT 6700	Graduate Research	3
MFT 6938	Clinical Practicum VI	2
Credits		8
Spring		
MFT 6939	Clinical Practicum VII	2
MFT 6710	Graduate Research II	1
MFT 6402	Group Therapy II	2
THEO course (ex. THEO Preaching II)		3
Credits		8
Total Credits		141

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ex. THEO 6710 Introduction to Practical Theology

2

ex. THEO 6512 Reconciliation and Intercultural Studies: Foundations for Leadership

3

ex. THEO 6610 Encounter of Christian Faith with Other Faiths

4

ex. THEO 6730 Foundations of Student and Family Ministry

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ex. THEO 6403 Theology of Christian Worship

6

ex. THEO 6744 Ministerial Leadership

7

ex. THEO 6412 Leading and Designing Congregational Worship

8

ex. THEO 6720 Vocational Discernment and Discipleship

9

ex. THEO 6510 Theology, Race, and Culture

10

ex. THEO 6743 Pastoral Care and Counseling

11

ex. THEO 6740 Preaching I: From Scripture to Sermon

Notes

Students must also complete 2 additional credits of MFT electives in the quarter(s) of their choosing. Additionally, 6 credits of approved theology electives accepted under the M.Div requirements. This example schedule frontloads the MFT coursework in the first year. Students should talk with MFT advisors about reconfiguring their schedule to best fit their situations.

This "example" tracking sheet lists the courses needed to complete both the Master of Divinity (MDiv) degree at Seattle Pacific Seminary and the Master of Science in Marriage and Family Therapy in the SPU School of Psychology, Family and Community. The quarters, days of the week and times of day that specific courses are offered may, however, vary from year to year. Moreover, students may elect to take a different credit load quarter by quarter than is shown here. Also, students must be accepted into each program separately, and may in some cases begin the second program a year or more later than the first. Accordingly, the actual sequence in which a given student takes the required courses for the two degrees, and the actual "calendar time" it takes that student to complete those two degrees, may vary considerably from this model.

THEO courses are offered as examples of all of the required courses, but listed in parentheses because the quarters in which these courses are schedule vary depending on the year. However, students should assume that the courses listed in parentheses will be offered every other academic year.

But in the dual-degree configuration shown here, a student can complete both degrees by taking, not a minimum of 178 credits of coursework, but as few as 149. 21 of the required credits of interdisciplinary and elective courses for the MDiv can be fulfilled by MFT courses. Furthermore, the MFT Practicum fulfills the MDiv Contextual Education requirement (6 credits), and one THEO elective (THEO 6743 Pastoral Care and Counseling) fulfills a 2-credit MFT elective.