

# MARRIAGE AND FAMILY THERAPY (MS) / DIVINITY (MDIV)

## Program Description

Division of Health & Behavioral Sciences Faculty (<https://spu.edu/academics/college-applied-natural-sciences/faculty-staff?d=Health%20and%20Behavioral%20Sciences>)

College of Applied & Natural Sciences Website (<https://spu.edu/academics/college-applied-natural-sciences>)

Seattle Pacific Seminary Faculty (<https://spu.edu/academics/seattle-pacific-seminary/about/seminary-faculty?d=All&f=Faculty>)

Seattle Pacific Seminary Website (<http://spu.edu/academics/seattle-pacific-seminary>)

If you sense a call to both ministry and delivery of professional mental health counseling services, consider the dual-degree programs in Seattle Pacific University's Marriage and Family Therapy program (<https://spu.edu/academics/college-applied-natural-sciences/graduate-programs/marriage-and-family-therapy>) and in the Seattle Pacific Seminary (<http://spu.edu/academics/seattle-pacific-seminary>).

By pursuing a dual degree, you will bring together skills and knowledge in both disciplines, enriching your graduate education and your career opportunities. You also will earn two advanced degrees in less time than it would take you to earn the same two degrees separately.

Three years of full-time study allows you to complete the MDiv (Theological Integration) and the Marriage and Family Therapy degree. If you wish to complete the education often required for church ordination, as well as clinical licensure, the Master of Divinity degree can be completed alongside the MS in Marriage and Family Therapy in a four-year sequence.

Find out more about policies related to dual degree programs (<https://catalog.spu.edu/graduate/degree-requirements/standards-scholarship-masters-degrees/graduate-study-more-one-field/>).

## Admission Requirements

To earn the dual degrees, apply to the College of Applied and Natural Sciences, as well as Seattle Pacific Seminary through Graduate Admissions (<http://admissions.spu.edu/apply/>).

Acceptance in one program does not guarantee acceptance in the other. Once you are admitted to both programs, you will receive a specialized program plan.

## Application Deadlines

For admission procedures and deadlines for both programs, visit Graduate Admissions (<http://admissions.spu.edu/apply/>).

## Contact

- Graduate Admissions (<http://admissions.spu.edu/apply/>)
- [graduateadmissions@spu.edu](mailto:graduateadmissions@spu.edu)
- 206-281-2091 or 800-601-0603

## Marriage and Family Therapy (MS)

70 Credits Minimum

Code	Title	Credits
<b>Core Classes</b>		
MFT 6100	Social Ecology of Family	3
MFT 6110	Human Sexuality	3
MFT 6200	History, Systems, and Christian Perspectives	3
MFT 6210	Multicultural Issues in Family Therapy	3
MFT 6220	Gender Perspectives and Family Therapy	2
MFT 6300	Theories of Marriage and Family Therapy I	3
MFT 6301	Becoming a Systems Therapist	3
MFT 6303	Theories of Marriage and Family Therapy II	3
MFT 6401	Group Therapy I	1
MFT 6402	Group Therapy II	2
MFT 6410	Treatment of Couples	3
MFT 6600	Psychopathology and Family Systems	3
MFT 6610	Treatment of Abusive Systems	3
MFT 6620	Assessment and Testing in Family Therapy	3
MFT 6630	Psychopharmacology, Physiology and Medical Issues	3
MFT 6641	Treatment of Young Children and their Families	1
MFT 6642	Treatment of Adolescents and Families	1
MFT 6643	Parenting and the Treatment of Families	1
MFT 6700	Graduate Research	3
MFT 6710	Graduate Research II	1
MFT 6810	Issues, Ethics and Law	3
MFT 6811	Ethical Issues and Crisis Intervention	2
Section Credits Required		53
<b>Theory and Elective Classes</b>		
Select four credits of the following:		4
MDFT 6632	Collaboration & Practice Roles in Integrated Care	
MDFT 6633	BPSS Care & Collaboration in Medical Family Therapy	
MDFT 6648	Assessment & Tools for Medical Family Therapy	
MDFT 6649	The Brain-Savvy Therapist	
MDFT 6650	Grief, Death, and Families	
MDFT 6651	Spirituality and Health	
MDFT 6652	Motivational Interviewing for Patient and Family Health	
MDFT 6653	Trauma Informed Care in Medical Family Therapy	
MDFT 6654	Specialty Practice in Medical Family Therapy	
MFT 6310	Brief Family Therapy	
MFT 6340	Experiential Theory and Family Therapy	
MFT 6350	Narrative Family Therapy	
MFT 6360	Advanced Bowen Theory and Therapy	
MFT 6370	Internal Family Systems Therapy	
MFT 6380	Adlerian Therapy	
MFT 6411	Premarital Education	
MFT 6634	Marketing Your Practice to Physicians	
MFT 6655	Drama and Expressive Arts in Family Therapy	
MFT 6819	Dilemmas in Psychotherapy	
MFT 6820	The MFT in Professional/Private Practice	

MFT 6912	Seminar in Special Topics	4
<b>Section Credits Required</b>		<b>4</b>
<b>Practicum Training</b>		
Select 13 credits of the following:		13
MFT 6933	Clinical Practicum I	
MFT 6934	Clinical Practicum II	
MFT 6935	Clinical Practicum III	
MFT 6936	Clinical Practicum IV	
MFT 6937	Clinical Practicum V	
MFT 6938	Clinical Practicum VI	
MFT 6939	Clinical Practicum VII	
MFT 6941	Advanced Clinical Practicum	
<b>Section Credits Required</b>		<b>13</b>
<b>Total Credits</b>		<b>70</b>

## Divinity (MDiv)

108 Credits Minimum

Code	Title	Credits
<b>Core Community Retreat Courses</b>		
THEO 6001	Prayer and the Practice of Theology	2
THEO 6003	Formation and Vocation: Integrative Capstone	2
THEO 6980	Cross Cultural Immersion: Local/Global <sup>1</sup>	2
<b>Section Credits Required</b>		<b>6</b>
<b>Worship and Ethics Courses</b>		
THEO 6403	History & Theology of Christian Worship	4
THEO 6413	Worship and Christian Ethics	4
THEO 6423	Ethics of Being With: Topics in Ecclesial Neighborliness	4
THEO 6433	Evangelism in the City	4
<b>Section Credits Required</b>		<b>16</b>
<b>Ministry Courses</b>		
THEO 6412	Designing & Leading Worship	2
THEO 6540	Bible for Preaching	2
THEO 6735	The Teaching Ministry	4
THEO 6740	Preaching	4
THEO 6743	Pastoral Care	4
THEO 6744	Innovation and Adaptive Leadership	2
<b>Section Credits Required</b>		<b>18</b>
<b>Bible Courses</b>		
THEO 6010	Bible 1: Intro Old Testament and Pentateuch	4
THEO 6040	Bible 2: Historical Books to Prophets	4
THEO 6070	Bible 3: Intro NT and Gospels	4
THEO 6075	Bible 4: Acts to Revelation	4
<b>Section Credits Required</b>		<b>16</b>
<b>Global Christian Heritage</b>		
THEO 6020	Global Christian Heritage 1: Creed & Canon	4
THEO 6050	Global Christian Heritage 2: Reform and Revival	4
THEO 6080	Global Christian Heritage 3: Mission and Migration	4
THEO 6085	Ecclesiology and the Pacific Northwest	2
<b>Section Credits Required</b>		<b>14</b>
<b>The Church's Doctrine</b>		
THEO 6030	Church's Doctrine 1: Trinity & Creation	4

THEO 6060	Church's Doctrine 2: Christ & Salvation	4
THEO 6090	Church's Doctrine 3: The Holy Spirit, the Church, and Christian Hope	4
<b>Section Credits Required</b>		<b>12</b>
<b>Workshop Courses <sup>2</sup></b>		
Select From the Following:		
THEO 6160	Ministry Workshop: A	
THEO 6161	Ministry Workshop: B	
THEO 6150	Church Administration Workshop: A	
THEO 6151	Church Administration Workshop: B	
<b>Section Credits Required</b>		<b>10</b>
<b>Contextual Education <sup>2</sup></b>		
THEO 6940	Contextual Education Internship <sup>2</sup>	6
	or THEO 6941 Contextual Education Intensive Internship	
<b>Other Electives (THEO or Approved Interdisciplinary) <sup>3</sup></b>		
Select From the Following:		
THEO 6101	Koine Greek I	
THEO 6102	Koine Greek II	
THEO 6103	Koine Greek III	
THEO 6201	Hebrew I	
THEO 6202	Hebrew II	
THEO 6203	Hebrew III	
THEO 6401	Wesleyan/Methodist Doctrine	
THEO 6404	Theological Explorations	
THEO 6512	Theological Foundations for Reconciliation	
THEO 6511	Theology of Gender and Sexuality	
THEO 6710	Introduction to Practical Theology	
THEO 6720	Christian Spiritual Classics	
THEO 6730	Theology and Practice of Youth and Family Ministry	
THEO 6750	Denominational Polity	
THEO 6751	Denominational History	
THEO 6752	Methodist History	
THEO 6900	Independent Study	
THEO 6950	Contemporary Topics	
<b>Section Credits Required</b>		<b>10</b>
<b>Total Credits</b>		<b>108</b>

<sup>1</sup> Can be substituted with additional units of THEO 6160 or THEO 6161

<sup>2</sup> Must be repeated to meet credit requirement

<sup>3</sup> Approved Interdisciplinary Electives available in SPS Student handbook.

## Suggested Course Sequence

### 4-Year Full-Time Example Tracking Sheet

Note: 4 years is the minimum

Course	Title	Credits
<b>First Year</b>		
<b>Autumn</b>		
MFT 6100	Social Ecology of Family	3
MFT 6200	History, Systems, and Christian Perspectives	3
MFT 6300	Theories of Marriage and Family Therapy I	3
THEO 6001	Prayer and the Practice of Theology	2

THEO 6020	Global Christian Heritage 1: Creed & Canon	4
<b>Credits</b>		<b>15</b>
<b>Winter</b>		
MFT 6301	Becoming a Systems Therapist	3
MFT 6303	Theories of Marriage and Family Therapy II	3
MFT 6600	Psychopathology and Family Systems	3
THEO 6050	Global Christian Heritage 2: Reform and Revival	4
<b>Credits</b>		<b>13</b>
<b>Spring</b>		
MFT 6220	Gender Perspectives and Family Therapy	2
MFT 6810	Issues, Ethics and Law	3
THEO 6080	Global Christian Heritage 3: Mission and Migration	4
<b>Credits</b>		<b>9</b>
<b>Summer</b>		
MFT 6641	Treatment of Young Children and their Families	1
MFT 6642	Treatment of Adolescents and Families	1
MFT 6643	Parenting and the Treatment of Families	1
<b>Credits</b>		<b>3</b>
<b>Second Year</b>		
<b>Autumn</b>		
MFT 6610	Treatment of Abusive Systems	3
MFT 6811	Ethical Issues and Crisis Intervention	2
THEO 6030	Church's Doctrine 1: Trinity & Creation	4
THEO course <sup>1</sup>		3
<b>Credits</b>		<b>12</b>
<b>Winter</b>		
MFT 6410	Treatment of Couples	3
THEO 6060	Church's Doctrine 2: Christ & Salvation	4
THEO course <sup>2</sup>		3
THEO course <sup>3</sup>		3
<b>Credits</b>		<b>13</b>
<b>Spring</b>		
MFT 6620	Assessment and Testing in Family Therapy	3
THEO 6090	Church's Doctrine 3: The Holy Spirit, the Church, and Christian Hope	4
THEO course <sup>4</sup>		3
THEO course <sup>5</sup>		3
<b>Credits</b>		<b>13</b>
<b>Summer</b>		
MFT 6401	Group Therapy I	1
THEO course <sup>6</sup>		3
<b>Credits</b>		<b>4</b>
<b>Third Year</b>		
<b>Autumn</b>		
MFT 6210	Multicultural Issues in Family Therapy	3
MFT 6630	Psychopharmacology, Physiology and Medical Issues	3
MFT 6933	Clinical Practicum I	1
THEO 6010	Bible 1: Intro Old Testament and Pentateuch	4
THEO course <sup>7</sup>		3
<b>Credits</b>		<b>14</b>
<b>Winter</b>		
MFT 6110	Human Sexuality	3
MFT 6934	Clinical Practicum II	2
THEO 6040	Bible 2: Historical Books to Prophets	4
THEO course <sup>8</sup>		3
<b>Credits</b>		<b>12</b>
<b>Spring</b>		
MFT 6935	Clinical Practicum III	2
THEO 6070	Bible 3: Intro NT and Gospels	4
THEO course <sup>9</sup>		3

THEO course <sup>10</sup>		3
<b>Credits</b>		<b>12</b>
<b>Summer</b>		
MFT 6936	Clinical Practicum IV	2
THEO course (ex. Scripture elective)		3
<b>Credits</b>		<b>5</b>
<b>Fourth Year</b>		
<b>Autumn</b>		
THEO 6003	Formation and Vocation: Integrative Capstone	2
MFT 6937	Clinical Practicum V	2
THEO course (ex. Scripture elective)		3
<b>Credits</b>		<b>7</b>
<b>Winter</b>		
THEO course <sup>11</sup>		3
MFT 6700	Graduate Research	3
MFT 6938	Clinical Practicum VI	2
<b>Credits</b>		<b>8</b>
<b>Spring</b>		
MFT 6939	Clinical Practicum VII	2
MFT 6710	Graduate Research II	1
MFT 6402	Group Therapy II	2
THEO course (ex. THEO Preaching II)		3
<b>Credits</b>		<b>8</b>
<b>Total Credits</b>		<b>148</b>

- <sup>1</sup> ex. THEO 6710 Introduction to Practical Theology
- <sup>2</sup> ex. THEO 6512 Theological Foundations for Reconciliation
- <sup>3</sup> ex. THEO 6610 Encounter of Christian Faith with Other Faiths
- <sup>4</sup> ex. THEO 6730 Theology and Practice of Youth and Family Ministry
- <sup>5</sup> ex. THEO 6403 History & Theology of Christian Worship
- <sup>6</sup> ex. THEO 6744 Innovation and Adaptive Leadership
- <sup>7</sup> ex. THEO 6412 Designing & Leading Worship
- <sup>8</sup> ex. THEO 6720 Christian Spiritual Classics
- <sup>9</sup> ex. THEO 6510 Theology, Race, and Culture
- <sup>10</sup> ex. THEO 6743 Pastoral Care
- <sup>11</sup> ex. THEO 6740 Preaching

Notes

Students must also complete 2 additional credits of MFT electives in the quarter(s) of their choosing. Additionally, 6 credits of approved theology electives accepted under the M.Div requirements This example schedule frontloads the MFT coursework in the first year. Students should talk with MFT advisors about reconfiguring their schedule to best fit their situations.

This "example" tracking sheet lists the courses needed to complete both the Master of Divinity (MDiv) degree at Seattle Pacific Seminary and the Master of Science in Marriage and Family Therapy in the Division of Health and Behavioral Sciences. The quarters, days of the week and times of day that specific courses are offered may, however, vary from year to year. Moreover, students may elect to take a different credit load quarter by quarter than is shown here. Also, students must be accepted into each program separately and may in some cases begin the second program a year or more later than the first. Accordingly, the actual sequence in which a given student takes the required courses for the two degrees, and the actual "calendar time" it takes that student to complete those two degrees, may vary considerably from this model.

THEO courses are offered as examples of all of the required courses, but listed in parentheses because the quarters in which these courses are schedule vary depending on the year. However, students should

assume that the courses listed in parentheses will be offered every other academic year.

But in the dual-degree configuration shown here, a student can complete both degrees by taking, not a minimum of 178 credits of coursework, but as few as 149. 21 of the required credits of interdisciplinary and elective courses for the MDiv can be fulfilled by MFT courses. Furthermore, the MFT Practicum fulfills the MDiv Contextual Education requirement (6 credits), and one THEO elective (THEO 6743 Pastoral Care) fulfills a 2-credit MFT elective.